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To be healthy, information is not enough: The case for SDOH

Diana Lady, Kansas State Farmworker Health Program

Alicia Roth, Kansas State Farmworker Health Program

Hilda Ochoa Bogue, National Center for Farmworker Health

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About NCFH



National Center for Farmworker Health, Inc. | Providing Solutions in Migrant Health

A national non-profit organization dedicated to improving the health status of farmworker families through the provision of innovative training, technical assistance, and information services.

Visit our website: www.ncfh.org



Objectives

At the end of the presentation, participants will be able to:

- Increase their knowledge about SDOH
- Determine whether or not their health centers are screening and meeting SDOH
- Identify a minimum of two strategies for addressing SDOH for Ag worker patients

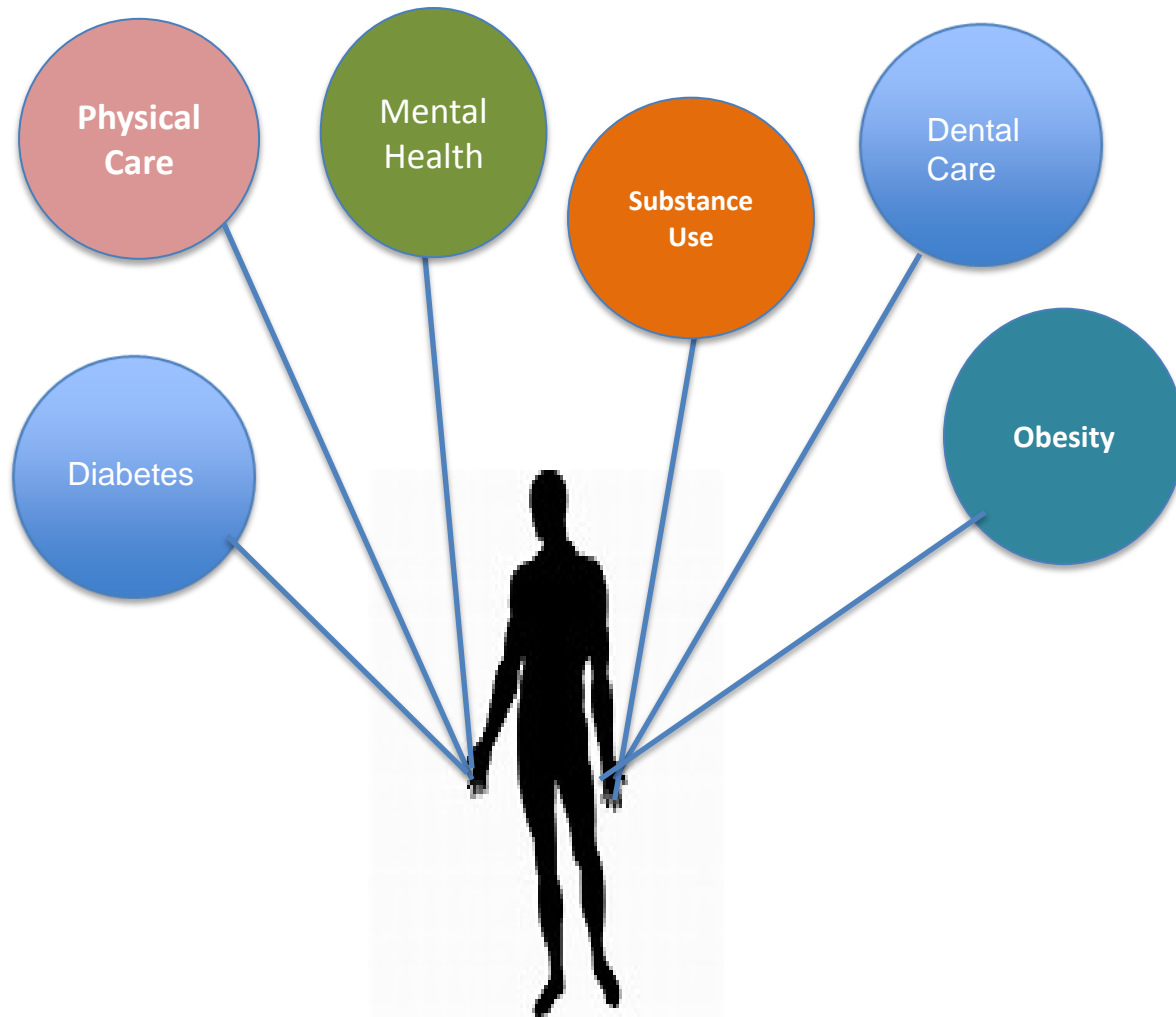


Outline

- Health Care and Health Disparities
- SDOH and their impact
- SDOH screening efforts
- *SDOH Self-Assessment Checklist* and how to use it
- Strategies for addressing SDOH
- Samples of addressing Social Determinants of Health for Pregnant Agricultural Workers (KSFHP)



Health Care Approach



Health Disparities



Source: Dahlgren and Whitehead, 1991

Social Determinants of Health

Conditions in the environments in which people are born, live, learn, work, and age that affect a wide range of health, functioning, and quality-of-life factors and outcomes

What makes us sick?

Medical science usually responds to the expression of disease caused by infectious agents, nutritional deficiencies, exposure to toxic substances, etc.

But there are contributory factors or “**causes of the causes**” related to specific contexts.

Populations in social disadvantage constantly face adverse social circumstances that contribute to the manifestation of illnesses.



Besides asking:

Why this person became ill?

The SDH approach asks:

Why this social group is not healthy?

In order to achieve a more sustained transformation, **we need to influence the structural determinants that shape inequities.**

MODEL: Instituto Nacional de Salud Publica

Impact of SDOH

Agricultural worker population



Community Health Centers



Impact of Housing as SDOH

Impacts on Populations

- Safety
- Self-esteem
- Hygiene
- Nutrition
- Transportation
- Access to health care
- Access to employment
- Disruption of communication



Health Care for the Homeless 2016



Impact of Housing as SDOH

Impacts on Health Centers

- Decrease number of people served
- Increase no-show rate
- Decrease productivity
- Increase cost
- Increase difficulty in reaching population
- Increase cost of outreach
- Increase communication difficulties
- Increase difficulty in providing continuity of care
- Increase possibility of poor outcome
- Increase health center liability
- Difficulty reaching target performance improvement in clinical and financial measures
- Loss of potential quality awards
- Loss negotiating power with insurance companies



Comprehensive Approach to Health Care and Health Equity

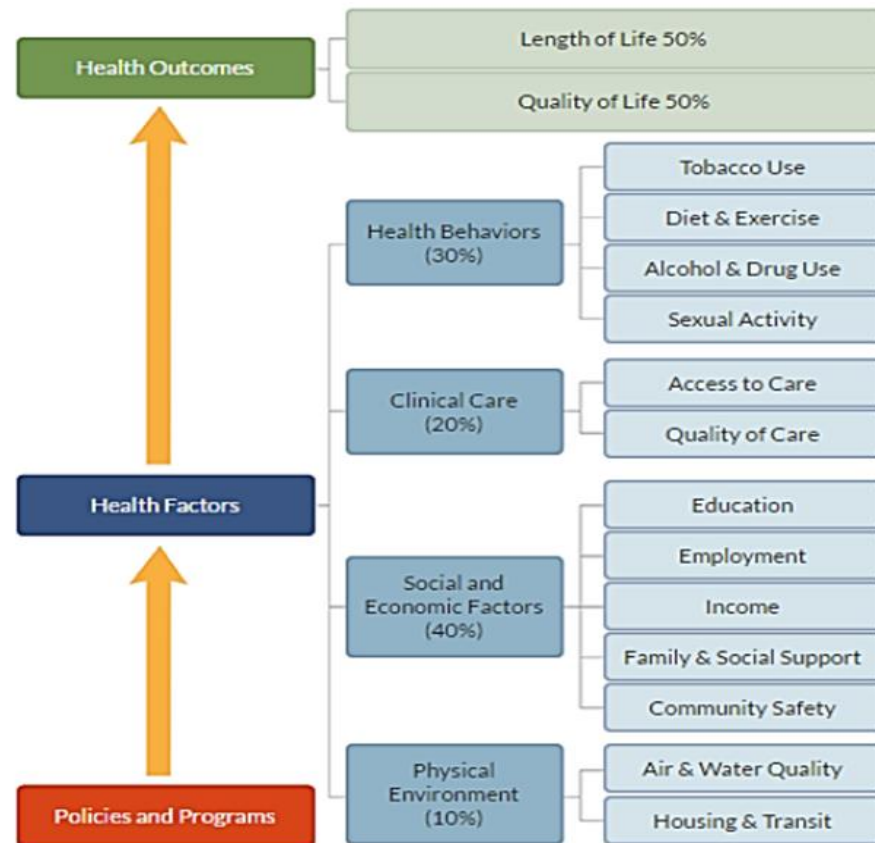
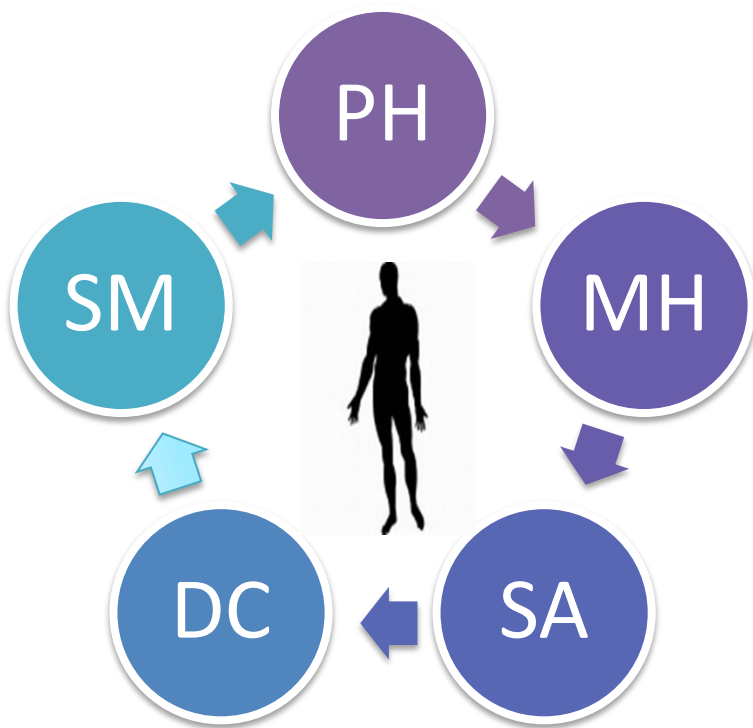


Figure 2: County Health Model of Population Health
County Health Rankings model 2014 UWPHI

FACT SHEET: SOCIAL DETERMINANTS OF HEALTH
National Health Care for the Homeless Council 2016



Promote Health Equity

HRSA : Promote Health Equity

Increase the number of health centers *providing services or engaged in partnerships* that **address** social determinants of health (SDOH), such as housing, education, employment, transportation, and food security.

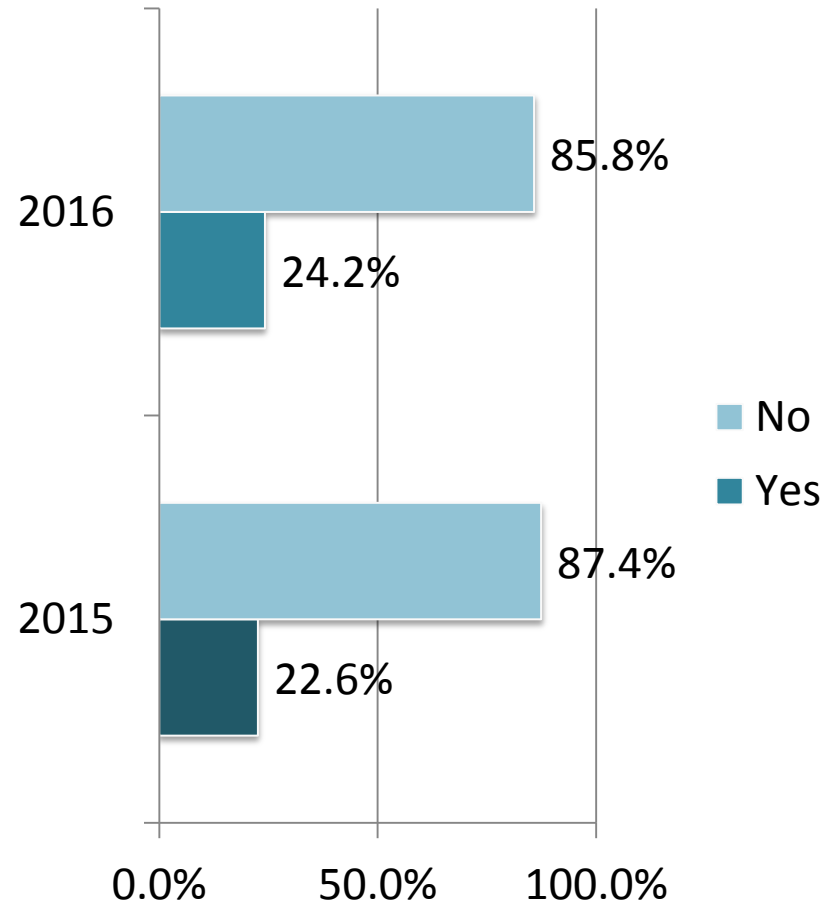
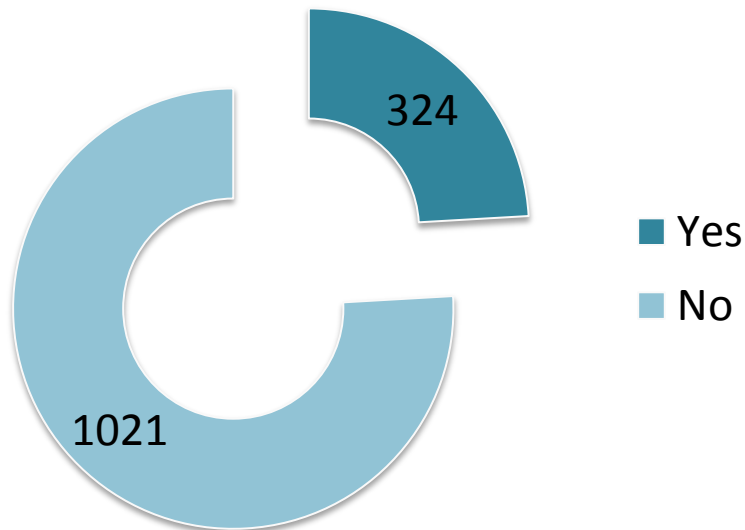
All NCAs working with CHCs to help them address SDOH



CHCs Offering SDOH Interventions

Source: A Basic Analysis of SDOH Interventions. Capital Link 2018

Offering 1+SDOH Interventions N=1,341 CHCs



Levering SDOH



Figure 2

Social Determinants of Health

Economic Stability	Neighborhood and Physical Environment	Education	Food	Community and Social Context	Health Care System
Employment	Housing	Literacy	Hunger	Social integration	Health coverage
Income	Transportation	Language	Access to healthy options	Support systems	Provider availability
Expenses	Safety	Early childhood education		Community engagement	Provider linguistic and cultural competency
Debt	Parks	Vocational training		Discrimination	Quality of care
Medical bills	Playgrounds	Higher education			
Support	Walkability				

Health Outcomes
Mortality, Morbidity, Life Expectancy, Health Care Expenditures, Health Status, Functional Limitations



“A health center is leveraging the social determinants of health (SDHO) when it moves beyond providing health care to address the built environment or social and economic conditions that affect health and wellbeing.”

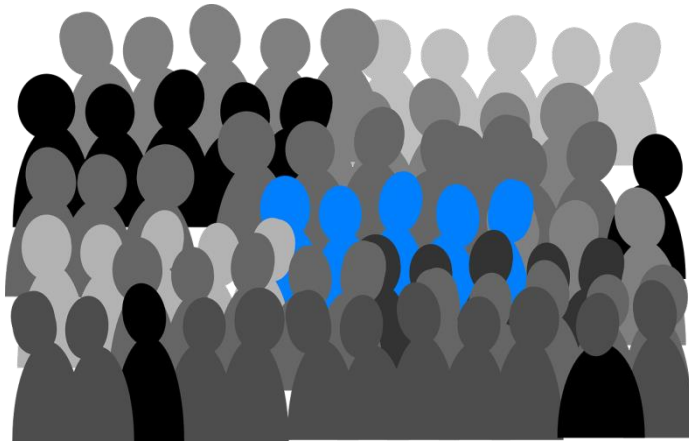
Source: Institute for Alternative Future.

Addressing the factors that cause some people to be healthy or unhealthy (SDOH) Contributes to create a world in which everyone has an equal chance to live a long, healthy life (Health Equity)

Source: “The ABC of Social Determinants of Health” by Instituto Nacional de Salud- SDH-Net

Efforts to Address SDOH at CHCs

Specific Disease Groups



All Health Center Patients



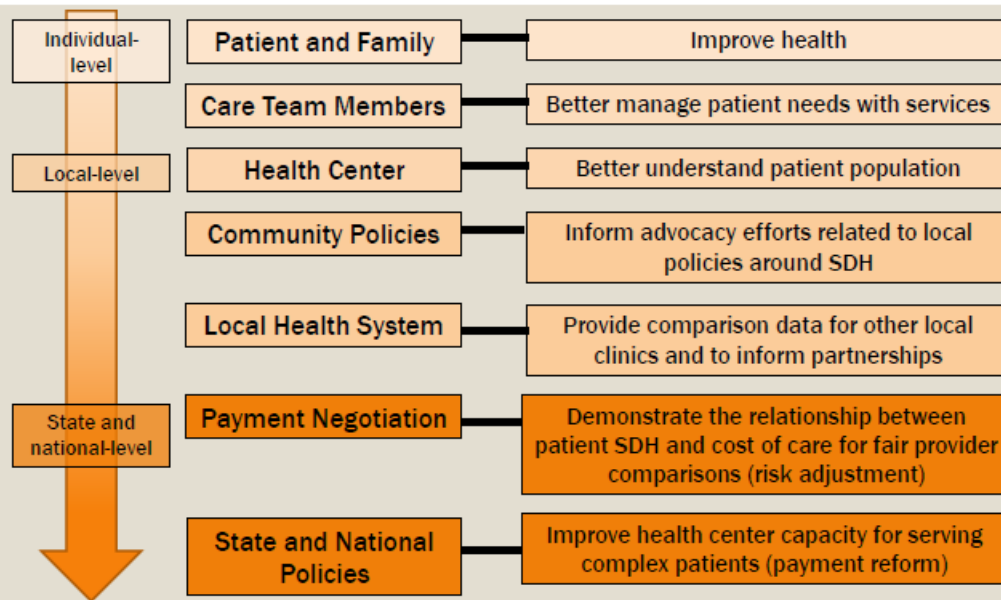


Protocol for Responding to and Assessing Patient Assets, Risks, and Experiences (PRAPARE)

The image shows the cover of a report titled "PATIENT RISK DATA AND THE PATHWAY TO TRANSFORMATION" dated July 2015. At the top, there are four logos: National Association of Community Health Centers, AAPCHO, OPCA (Oregon Primary Care Association), and Institute for Alternative Futures. The title is in large white letters on a dark background. To the right, an orange vertical banner contains the text "This project was made possible with funding from:" followed by logos for THE KRESGE FOUNDATION, blue of california foundation, and KAISER PERMANENTE. A small number "1" is at the bottom right of the orange banner.

PRAPARE

PRAPARE POSITIONS HEALTH CENTER STAFF TO IMPROVE INDIVIDUAL AND COMMUNITY HEALTH



8



Individual Activity

Social Determinants of Health Self-Assessment Tool

Health Center: _____ Assessment Date: _____

Instructions: Please read each of the following questions and select the response(s) that most accurately reflect your health center's work addressing Social Determinants of Health (SDOH).

1. Is your health center screening Ag Workers for the following SDOH? Please mark all that apply.

Social Determinant of Health	Yes	No
a. Agricultural Worker Status	<input type="checkbox"/>	<input type="checkbox"/>
b. Race & Ethnicity	<input type="checkbox"/>	<input type="checkbox"/>
c. Language Preference or Limited English Proficiency	<input type="checkbox"/>	<input type="checkbox"/>
d. Sex & Gender Identity	<input type="checkbox"/>	<input type="checkbox"/>
e. Food Security (e.g. Access to food, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
f. Personal Safety (e.g. Interfamily violence, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
g. Housing Situation	<input type="checkbox"/>	<input type="checkbox"/>
h. Neighborhood Safety	<input type="checkbox"/>	<input type="checkbox"/>
i. Utilities (e.g. Access to water, electricity, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
j. Employment	<input type="checkbox"/>	<input type="checkbox"/>
k. Income	<input type="checkbox"/>	<input type="checkbox"/>
l. Transportation Access	<input type="checkbox"/>	<input type="checkbox"/>
m. Communication Challenges (i.e. Visually impaired or hard of hearing)	<input type="checkbox"/>	<input type="checkbox"/>
n. Health Insurance	<input type="checkbox"/>	<input type="checkbox"/>
o. Social Connections	<input type="checkbox"/>	<input type="checkbox"/>
p. Child Care	<input type="checkbox"/>	<input type="checkbox"/>
q. Education	<input type="checkbox"/>	<input type="checkbox"/>
r. Health Literacy	<input type="checkbox"/>	<input type="checkbox"/>
s. Legal Assistance	<input type="checkbox"/>	<input type="checkbox"/>
t. Other:	<input type="checkbox"/>	<input type="checkbox"/>

2. What tool or tools are you using?

Own tool

IHELLP: National Center for Medical-Legal Partnership

FACE Poverty: American Academy of Pediatrics

Health Related Social Needs by Clinical Settings: National Academy of Medicine

Social Needs Screening Toolkit: Health Leads, Inc.

PRAPARE: National Association of Community Health Centers

None or Other (Please specified) _____

2.1 Are you satisfied with the current the tool or tools?

Yes

No (If No, consider exploring other tools)

3. Is the Screening tool part of the electronic health record?

Yes

No (If No, how are screening results made available to health providers at the time of the visit?) _____

4. Who at your health center is tasked with conducting the SDOH screening?

Outreach Workers or health promoters

Registration Personnel

Nurse Aides or Patient Care Technicians

Case Managers

LPNs or Registered Nurses

Other: _____

5. Who reviews or uses the results of the screening tools?

Health Care Providers

Case Managers

Social Workers

Nurses

Other: _____

6. How are those results utilized? (Check all that apply)

To update the health center needs assessment

To inform what services are needed and can be internally provided

To refer patient to needed services

To inform work plans for community collaborations

For reporting purposes

Other: _____

7. What strategies are you using to address identified SDOH among agricultural workers? (Check all that apply)

We address some of those needs directly (e.g. transportation, interpretation, etc.)

We have contracts with third parties for some services (e.g. transportation, interpretation, etc.)

We have individual referral agreements with local organizations

We are part of a community coalition of local providers working to address SDOH

We arrange and case manage all SDOH referrals

We have a directory of services and distribute them to our patients

We have no established collaborations specifically to address SDOH

We have no formal plan to address SDOH

We are in the process of developing our SDOH Plan

8. Are SDOH directly addressed by your health center evaluated to identify improvement opportunities?

Yes

No (If No, consider evaluating the strategy)

9. Are SDOH addressed by your contractors (e.g. interpretation services) monitored for quality?

Yes

No (If No, consider establishing a monitoring process)

10. Are SDOH directly addressed by formal or informal referral agreements case managed to assess patients' access to needed services?

Yes

No (If No, consider establishing a referral and follow-up process)

11. Are you aware of other community agencies providing SDOH not currently addressed by your health center?

Yes (If Yes, consider making a list and explore possibilities for collaboration)

No (If No, consider conducting an asset mapping to identify potential partners)

12. If you already have a plan or are in the process of developing one, what elements (e.g. screening, utilization of results, follow-up, collaboration, etc.) will need to be modified or need to be included in your SDOH plan? List all that apply

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Addressing Social Determinants of Health

- Use a self- assessment tool
 - Find out what is being done at your CHC
 - Who is collecting and using the data?
 - What data is already being collected and how it is used?
- Select patient screening tool
- Plan screening strategies
- Plan how to address SDOH

Group Work: Strategies



- Housing/Housing stability
- Migration patterns/Mobility
- Food and water security
- Employment and opportunities
- Income/poverty status
- Prevailing burden of disease
- Transportation
- Health Care Accessibility
- Education
- Early Childhood Development and Afterschool Programs
- Description of a typical family unit
- Language and culture
- Working Conditions- Environmental risk factors
- Safety
- Prevention, intervention and care management



Strategies for Addressing SDOH

- Provide services directly
- Form a SDOH community coalition
- Create a SDOH-based directory of services
- Establish formal referral agreements
- Establish informal contact with key people and organizations with common goals
- Create a CHC formal case management program and f/u SDOH referrals



Resources

- The ABC of Social Determinants of Health - SDH-Net
<http://www.sdh-net.eu>
- Healthy People 2020: healthypeople.gov
- World Health Organization:
http://www.who.int/social_determinants/en/
- PRAPERRE: <http://nachc.org/research-and-data/prapare/>
- National Center for Farmworker Health: *Special Population SDOH Checklist* <http://www.ncfh.org/performance-management-->



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Thank you!
Hilda Ochoa Bogue
bogue@ncfh.org
512.312.5454

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